



NEW PARENT SUPPORT GROUP

For families of adult children
dealing with substance addiction

Parents of Addicted Loved Ones (PAL) PROVIDES HOPE

*"PAL
brought back
hope, sanity and
purpose in our lives.
We have learned
to live again."
- PAL parent*

2nd. & 4th. Wed. 6:30PM

Catholic Charities

3629 Church St. Latonia Ky. 41015

CONTACT: Tina or Tony Garera

Hope4kypals@gmail.com 859-760-0954

FREE bi-weekly meetings feature:

- Education
- Peer-to-peer support

Participants must be 18 or older.

TOPICS INCLUDE:

The addiction cycle • Enabling behaviors • Delayed emotional growth
Role of the family • Setting realistic boundaries • Emotional detachment
Financial strings • Steps of recovery • Recognizing relapse

**FOR MORE ABOUT PAL, VISIT THE WEBSITE AT
www.palgroup.org**