

Breaking Bread

A Newsletter of Parish Kitchen, a ministry of Catholic Charities

Winter 2018



Celebrating Over 42 Years of Serving Those in Need!

Alan Pickett
Executive Director

Parish Kitchen Welcomes New Staff Member Amy Bauer

Parish Kitchen Staff

Maria Meyer
Parish Kitchen Manager

Amy Bauer
Pip Humphrey
Mark Depenbrock
Sharon Depenbrock
Chris Meyer
Jim Young

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Clare Ruehl
Fr. Gerry Reinersman
Jim Young

Amy Bauer began working as the Assistant Manager at Parish Kitchen in mid-November. In her first few months Amy has become an integral part of the fabric of Parish Kitchen. Amy brings her work experience and education to Parish Kitchen along with her faith, kindness, and compassion. We are blessed to welcome Amy to the Parish Kitchen Community.

Amy earned her Bachelor's degree in criminal justice and her Master's in social work from the University of Cincinnati. She previously worked as a shelter advocate for Welcome House in Covington and with domestic violence offenders, as a clinical service provider, at Talbert House in Cincinnati.

Amy enjoys preparing the meals, greeting the guests, and getting to know the volunteers at Parish Kitchen. She is most impressed with the volume and longevity of dedicated volunteers who "share in the responsibility to keep Parish Kitchen running". With only three full time paid staff, she is "overwhelmed by the number of volunteers who work together to fulfill Parish Kitchen's mission."

Amy has a special dedication to the rosary. She started a rosary group at her home parish, Our Lady of Victory, located on the West side of Cincinnati. In her free time, Amy enjoys swimming, hiking, and camping. Please join us in welcoming Amy to Parish Kitchen.



Amy Bauer prepares desserts at the Kitchen.

Dignity

Affection

Attention

Hospitality

Respect

Friendship Fruit Salad

The Girl Scouts of Blessed Sacrament School 4th Grade Troop #7020 wanted to make an impact in their community. They made a beautiful fruit salad and assembled blessing bags for our guests at Parish Kitchen.

Weekend Manager Jim Young was working on the Saturday that the girls dropped off the fruit salad and blessing bags. He said "This was such a kind and generous gift. We don't often get fresh fruit, so this was a special treat and our guests loved it! Please tell the girls that we said, thank you for their generosity. Through actions like theirs, we follow Jesus' direction to feed the hungry."

The Girls Scouts also decided to collect items to make blessing bags for the guests of Parish Kitchen. They worked hard throughout November and December collecting various toiletries such as shampoo, soap, deodorant, toothpaste, chap stick, and granola bars from neighbors, family, and friends. They assembled these items into over 35 blessing bags. They were also able to donate an additional box of large socks. Troop leader Tiffany Salsman wrote, "Troop 7020 had a wonderful experience with this service project and appreciates all that the Parish Kitchen does every day for their community!"



The Girl Scouts of Blessed Sacrament School 4th Grade Troop #7020 preparing fruit salad for Parish Kitchen guests.



Calling all Angels!

Donations of chapstick, lotion, socks and deodorant are needed.

Please consider donating these items to us at:

Parish Kitchen, 143 Pike Street, Covington, KY 41012 (859)581-7745
Or Catholic Charities, 3629 Church Street, Latonia, KY 41015

Marty's False Alarm Chili

2 lbs. ground beef
1 can tomatoes (undrained)
1 can kidney beans (undrained)
1 can tomato soup
1 can water
1 can beef broth
1 onion diced

1 small can diced green chilies
1 tablespoon chili powder
1 teaspoon cumin
1 teaspoon garlic powder
dash of cayenne pepper (optional)
salt and pepper to taste



In a large pot, brown ground beef and drain off grease. Add all other ingredients to the pot and simmer for an hour.

Volunteer Spotlight

Parish Kitchen has been blessed by the presence of the Boberg family for over 30 years. Every Wednesday we look forward to seeing Jack, Gerry, and Sr. Joan Boberg, CDP. Gerry volunteers at “first spoon”, serving our guests the main dish and vegetable, while playfully bantering with Pip. Jack diligently rolls forks. Sr. Joan conscientiously serves desserts. She says, “My favorite part is giving the guests a choice of desserts. Most of them have so few choices they can make in their lives.”

Gerry has volunteered nearly every Wednesday since 2001 and Jack since he fully retired in 2011. Sr. Joan has been a part of the kitchen for over 30 years. She shared, “I’ve been a volunteer since 1987. When I was the Executive Director of the Kitchen I started serving once a month so I would have hands on experience of the ministry. Since my retirement I am able to serve more often and I truly love and appreciate being a part of this ministry.”

When asked why she volunteers, Gerry said, “I want to respond to Christ’s call to feed the hungry. I was inspired to by Father Mertes and Sister Joan who invited me to come and serve the poor.” Sr. Joan volunteers because “I totally believe in the service the Kitchen provides. I certainly receive more from the guests - and other volunteers - than I give.”

Jack and Gerry say that their favorite part of volunteering at Parish Kitchen is “the smiles we get from those in need.” Gerry is impressed with “the care the staff show to each homeless person.” Sr. Joan adds “I am always impressed with the gratitude the guests express and their smiles no matter what’s going on in their lives.” On behalf of Parish Kitchen, we want to warmly extend our gratitude to the Boberg family for dedicating their time and talent over the past 30 years. Thank you!



Sr. Joan, Gerry and Jack Boberg Volunteering at the Kitchen

A Big Thank You!

Thank you to the 7th grade students at Conner Middle School for raising \$140.01 for Parish Kitchen at their bake sale, during a school basketball game!



Respect

Hospitality

Attention

Affection

Dignity



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Volunteers Save the Date

Volunteer Appreciation Dinner will be on Tuesday, June 12th at St. Joseph Cold Spring. Watch for your invitation in May. Any questions contact Kristina Jolly at 859-581-8974 or kjolly@covingtoncharities.org

Weekend Manager(s) Position Available

Catholic Charities, Diocese of Covington is still accepting applications for qualified candidates to help manage and serve at Parish Kitchen on the weekends. The job description and salary are posted on our website (www.parishkitchen.org or www.covingtoncharities.org) as well as the Diocese of Covington's website (www.covdio.org). Please help spread the word!