

# Breaking Bread

A Newsletter of Parish Kitchen, a ministry of Catholic Charities

Winter 2017



**Celebrating Over 40 Years of Serving Those in Need!**

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## Changed Forever on Christmas Day

by: Julie Bauerle

On Christmas Day, my family and I (along with the Boone County Jaycees) served lunch at Parish Kitchen. My mom, Vicky Bauerle, Institutional Advancement Manager, at Catholic Charities asked my dad, sister, and I if we would mind serving lunch instead of doing our normal, traditional Christmas Day events. While I knew I would like the experience, I never thought that the experience would make such an impression on my life, especially my faith life.

I have volunteered at *Catholic Charities* for almost sixteen years, and during my numerous volunteer opportunities, I have had the privilege of experiencing God's grace, mercy, and love. I always gain more than I give. My time at Parish Kitchen on Christmas taught me more about my faith and myself than any other volunteering opportunity. Parish Kitchen is a special place, where everyone is treated with the dignity that they deserve. In turn, the guests at Parish Kitchen are also very special. I



Julie Bauerle on the right with her mom, dad and sister at the Kitchen

met people who do not have the material things that I have, nor were they going to receive the presents that I would receive or eat the Christmas Dinner that I would eat that night. Many guests still exuded happiness and faith, and many people talked about God. I kept thinking *how can I not appreciate my life and how can I not live a faith filled life?* Christmas music was playing during the day and Ave Maria came on; at that moment I felt God's presence. I knew He was present. I saw God in the face of each guest and knew how special that the moment was for me. I also knew that my outlook on life was forever changed after that Christmas Day.

*Julie Bauerle, Volunteer at Catholic Charities, Member of the Diocese of Covington Young Adult Advisory Board, and Member at St. Timothy Parish*

Dignity

Affection

Attention

Hospitality

Respect

# Volunteer Spotlight

## Lyn Collins

Lyn Collins, wife, mother and member of St. Agnes Parish, has been a volunteer with the Parish Kitchen since 2011 when she was invited to serve on the Kitchen's Advisory Board. During her time with the board, Lyn, having expertise in communication and technology, found her niche assisting with the Kitchen's quarterly newsletter. In 2014, when the Parish Kitchen Board merged with the Catholic Charities Advisory Board, Lyn continued on and served under the Institutional Advancement Committee where she helped out with fundraising and public relations programs and activities.

As a professional, Lyn worked as the Training Coordinator for Disabled American Veterans for the past 15 years, developing and facilitating training programs for veterans. At the end of 2016, Lyn completed her term with the Catholic Charities Board, but she continues assisting with the editing, layout and coordination of the Parish Kitchen Newsletter. Her work is quiet and behind-the-scenes, but very meaningful to her and so vital to the Kitchen. Lyn shared her thoughts on her experience as a volunteer: "Assisting the Parish Kitchen and Catholic Charities has been a blessing to me in many ways because I see good people doing good things to help others in need. You learn that even the seemingly little contributions of service you give can make a positive impact in the lives of others." Thank you, Lyn, for your quiet and faithful service.



## ***Favorite Recipe***

### **"Cheesy Chicken and Rice"**



- 1 lb. chicken-cooked and shredded
- 2 cans cream of chicken soup
- 1 cup cooked rice
- 1 tsp. Onion powder
- ½ tsp. Pepper
- 1 can mixed vegetables
- Cheddar cheese

Combine all ingredients, except cheese, and mix well. Spray a 9" x 13" glass casserole dish with PAM non-stick spray and then spoon the mixture into the dish. Cover with desired amount of cheddar cheese. Bake at 350 degrees for 30 minutes.

## Charity Night at the Tables! Saturday, March 18, 2017



The Parish Kitchen has been selected again by the Yearlings as one of the agencies to benefit from their Charity Night at the Tables, where community leaders, respected business professionals, donors and caring individuals come to support the important work of our local charities.

Parish Kitchen has collected just over \$10,000 the past two years from this event, so we are really excited to be back in 2017! The agencies that sell the most tickets are automatically invited back, so your ticket purchase will help secure funding for 2017 and 2018!

Join us on March 18<sup>th</sup> for a fun evening of casino style gaming, thoroughbred racing, food, beer and wine all while supporting the ministry of Parish Kitchen!

You can purchase your tickets at <http://www.nkycharitynight.org/>.  
Please be sure to designate Parish Kitchen as your ministry of choice!

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### Thank You for the Sleeping Bags and Blankets!

The cold weather won't stay away, but your support has made things much warmer for our Parish Kitchen guests, and other nonprofits in the area! Because of you, we were able to provide approximately 230 sleeping bags to our guests, we handed out blankets on two separate dates, we provided St. Vincent de Paul with 250 blankets, the Rose Garden Mission with about 75 blankets and Matthew 25 with 100 blankets. God bless you all for making our blanket and sleeping bag distribution a modern day loaves and fishes feeding! God sure has his hand on our ministry, and He is present everyday through yourselves and our guests!



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### Coffee with Friends



In September we began serving coffee and pastries on the 2<sup>nd</sup> and 3<sup>rd</sup> Fridays of the month at the Kitchen. What we thought was an avenue to get more volunteers involved in our mission, has turned into this and much more.

These Fridays are eagerly anticipated each month by not only volunteers, but staff and guests as well. This incredible opportunity has allowed us to have real conversation with our guests that is often hard to come by during our busy lunch hour. Some of our guests live in shelters in the area that ask them to be gone by 7am; so, our coffee mornings are the perfect opportunity for them to find warmth, shelter, and friends afterwards.

We wanted to extend a huge thank you to Reality Tuesday's, a few "coffee donors," pastry bakers, and all the volunteers who have made these "coffee days" possible. On these special days, our guests physical needs are met with a warm place to stay with food and drink, but more importantly, their emotional needs are met with caring faces who welcome them and are excited by their presence. Want to get in on the action? Mark your calendars for these two Fridays a month and visit us between 7a.m. and 9 a.m. for an uplifting start to your morning!

Respect

Hospitality

Attention

Affection

Dignity



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## *Partner with Us in Ministry*

### **Weekend Manager Position Available**

Parish Kitchen has lost four part time staff members within the last year. We've been unable to find replacements, and are looking for up to four people to partner with us in ministry! These people will be responsible for setting up the kitchen on weekends, assisting volunteers in serving the food, and cleaning up after the meal. The commitment is for one or two weekend days a month from 8 a.m. until 2 p.m. The job description and salary are posted on our website ([www.parishkitchen.org](http://www.parishkitchen.org) or [www.covingtoncharities.org](http://www.covingtoncharities.org)) as well as the Diocese of Covington's website ([www.covdio.org](http://www.covdio.org)). Please help spread the word!