

# Breaking Bread

A Newsletter of Parish Kitchen, a ministry of Catholic Charities

Winter 2016



**Celebrating Over 40 Years of Serving Those in Need!**

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## Farewell to Dan Nolan

by Troy Garrard & Alan Pickett

Dan Nolan faithfully led the Parish Kitchen as Director for the past three and a half years. January 15, 2016, was a very difficult day for the agency, as Dan said his goodbyes and served his last meal. In Dan's time with the agency, he developed strong relationships with volunteers, worked tirelessly behind the scenes to manage the various functions required to keep the operation running, displayed love to all of the guests, and he led Parish Kitchen forward in this important ministry in the heart of Covington. Dan was a wonderful servant and witness of light and hope.

Among so many of Dan's strengths was his ability to connect with the youth. Dan welcomed students at Parish Kitchen at every opportunity, showing them the way the agency operates, speaking to them about the issues of poverty and homelessness, and most importantly engaging them spiritually with the work done every day. The evidence of Dan's work can be seen through the various student-led projects that happen on a very regular basis now at Parish Kitchen. A child will come in with very little knowledge of poverty and leave with a burning desire to make a difference. Parish Kitchen is excited to see how these children grow up and continue to be partners in this ministry, because Dan planted that seed.

We, as a Parish Kitchen family, thank Dan for his service, and wish him all the best in his future endeavors.



Troy Garrard



Dan Nolan welcomes guests at the Kitchen

## Troy Garrard Named Interim Director of PK - by Alan Pickett

As we say goodbye to Dan Nolan, we are lucky to have Troy Garrard available to step in. Troy was named Interim Director of Parish Kitchen, effective January 1, 2016. Troy was Dan's assistant manager over the past year, and during this time he quickly demonstrated many gifts and talents. These have enabled Troy to quickly learn about the many facets of our daily operation and ministry, and ultimately led him to assuming this role. We see Troy's gifts of faithfulness, humility and leadership growing every day, and we are thankful for him.



Dignity

Affection

Attention

Hospitality

Respect

# Volunteer Spotlight

## Duke Faulconer

Recently, Parish Kitchen lost a long term partner in ministry when H. S. "Duke" Faulconer passed away. Duke served Parish Kitchen for over 20 years in various roles, including making bread and dessert runs, cooking two Thursdays a month, and serving meals monthly. Duke was a true servant of Christ, serving Parish Kitchen, Meals on Wheels, and many other ministries in the area.

Reflecting on over fifteen years of service together, Ralph Nilles said that Duke loved to tell people "you always get more out of it than you ever put in." Parish Kitchen was very blessed to have Duke's commitment and compassion, so we are very glad to hear that he left encouraged each time he served.

A member of Duke's cooking team remarked, "no matter how bad he felt, he kept coming in." Duke continued cooking meals two Thursdays a month through this past fall. Interim Director Troy Garrard says he remembers always seeing Duke in his chair opening cans with the biggest smile on his face.

Parish Kitchen is incredibly grateful for the many years of service that Duke provided. The Faulconer family directed memorial donations to Parish Kitchen, which gives us the privilege to serve the guests in Duke's memory.



## Favorite Recipe



### "Beef Bourguignon"

- 3 lbs. of beef
- 3 slices bacon
- 3 small cans cream of mushroom soup
- 1 clove garlic
- 3 T parsley
- ¼ T Thyme
- 2 medium Bay leaves

Brown beef and cut into bite size pieces. Fry and dice bacon. Combine all of the ingredients except the bay leaves, mix well. Spray a 9" x 13" glass casserole dish with PAM and spoon the mixture into the dish. Top with bay leaves. Bake at 350 degrees for 30 minutes. Remove bay leaves before serving.



*The Yearlings* PRESENT...

## **Charity Night At The Tables** *Celebrating Community Giving*

Saturday, March 19, 2016

7 – 11 pm

\$75 per ticket

Turfway Park



Parish Kitchen, a ministry of Catholic Charities, invites you to attend "Charity Night at the Tables" to benefit their "Got Milk" Campaign. Have a fun-filled night at Turfway Park while helping raise money for local charities such as Parish Kitchen. Event ticket include casino-style gaming, food and drink, entertainment, silent auction, live thoroughbred racing, and sports bar for NCAA basketball games.

### **Support the PARISH KITCHEN "Got Milk" Campaign**

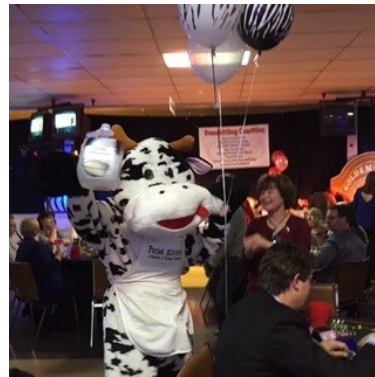
Order your tickets online:

[www.theyearlings.org/events](http://www.theyearlings.org/events)

Or

Print and mail your registration form to:

The Yearlings  
PO Box 17903  
Lakeside Park, KY 41017



Ticket purchase deadline is March 14, 2016

**Don't forget to select PARISH KITCHEN at ticket purchase.**

For more information contact Vicky Bauerle at:

VBauerle@CovingtonCharities.org or (859)581-8974



### **Attention Volunteers!**

The volunteer appreciation event will be on  
Thursday June 9<sup>th</sup> at St. Joseph in Cold Spring  
Look for your invitation in the mail in May!

*Respect*

*Hospitality*

*Attention*

*Affection*

*Dignity*



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## Focus on Youth: “Ella’s Winter Comfort”

Five years ago, after seeing homeless people outside the Taft Theatre when she went to her sister's dance recital, and after visiting the Parish Kitchen through the St. Agnes Youth Insights Program, Ella Kleumper knew she wanted to help somehow. So she started “Ella's Winter Comfort”, a program to gather needed items for the homeless of our area. Every November or December Ella writes an email explaining her program, and sends it out to family and friends. In January, she collects the donated items, buys whatever else is needed with money that is given to her, and then distributes them during the winter months.

This is the third year that Ella has included the Parish Kitchen in collections for local homeless people. In 2014, she and her family dropped off 'meals to go' (a sandwich, bag of chips, piece of fruit, and a drink) that people could take with them after dining at the Parish Kitchen. Again this year, the Kitchen was blessed with Ella's efforts as she collected blankets, sleeping bags, hats and gloves for our guests.

Thank you, Ella, for all that you do to help our brothers and sisters in need. May you continue to be an inspiration to your peers and others with your generous and kind spirit!



Ella and PK Interim Director Troy Garrard with her donations of winter items for the Kitchen's guests