

# Breaking Bread

A Newsletter of Parish Kitchen, a ministry of Catholic Charities

Fall 2016



**Celebrating Over 40 Years of Serving Those in Need!**

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## Group Days of Service:

### Expanding our Volunteer Opportunities

Our supporters continue to grow thanks to our newly implemented “Days of Service.” We have given groups of at least eight people an avenue to serve without taking away from our faithful volunteers who have been supporters for years. This has expanded our services, while expanding the knowledge of our ministry throughout Northern Kentucky!

Groups have the opportunity to volunteer on the second and third Fridays of each month. They will be serving coffee from 7-9AM, taking bagels to parks and public areas to invite guests for a meal, handing out hygiene items during serving hours, and baking desserts for that day.



Theta Phi Sorority

To date, we have had three groups participate in this new venture. Alpha Tau Omega, Delta Gamma, and Theta Phi, three Greek life organizations from NKU, have all organized support within their fraternities and sororities to fulfill a day of service at Parish Kitchen. We are extremely pleased to be introducing our ministry to the students at NKU, while at the same time expanding our services to our guests. They LOVE coffee!

If you have a group that wishes to sign up for a “day of service”, please contact staff at 859-581-7745. Drew Bamberger can give you more details and dates available.



Dignity

Affection

Attention

Hospitality

Respect

# Volunteer Spotlight

## Linda Steltenkamp

Assistant Manager of the Parish Kitchen, Drew Bamberger, recently interviewed Linda Steltenkamp for our Volunteer Spotlight.

### **Why did you decide to volunteer at Parish Kitchen?**

*"I was recently retired and looking for something to do while my kids were in school."*

### **How long have you volunteered and what days of the week?**

*"I've been volunteering for 18 years every Monday and the first, fourth, and fifth Fridays."*

### **Has there been an experience or guest at Parish Kitchen that is special to you?**

*"The guests that truly appreciate what we do and verbalize that."*

### **What is one thing that you'd like to tell our supporters who receive the newsletter?**

*"This is one great place to volunteer. Everybody here is welcomed by staff, volunteers, and guests!"*

You know Linda was here when you see her homemade brownies on our guests' plates. They love her brownies just as much as we love her support! Thanks Linda for all you do for us!



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## ***Favorite Recipe***

### **"Ham, Broccoli, & Mac"**



- ½ lb. macaroni, cooked and drained
- 3 ½ cups ham, cut in bite size pieces
- 20 ounces cream of chicken soup
- 1 cup sour cream
- 20 ounces broccoli, cooked and drained
- 1 cup cheddar cheese

Combine all ingredients and mix well. Spray a 9" x 13" glass casserole dish with PAM and spoon the mixture into the dish. Bake at 350 degrees for 30 minutes.

## Your Brothers and Sisters are in Need of Sleeping Bags and Blankets!

The beauty of the autumn is quickly giving way to winter's long chill. Once again, the Parish Kitchen is in need of sleeping bags and blankets for our guests. Seize this opportunity! Help out by donating new sleeping bags and blankets to be given as Christmas gifts to our hundreds of guests. Many of our brothers and sisters spend these long winter nights in unheated spaces or even sleep outdoors. This winter, your simple gifts of sleeping bags and blankets will not only warm their hearts and souls, but may even save their lives. Thanks for your warm support for those in need!



We're collecting  
**NEW** twin-size **blankets** and **NEW** sleeping bags  
to be given as Christmas gifts to our guests.

The Parish Kitchen will gladly receive your donations anytime between now and November 30th.

Parish Kitchen, 143 Pike Street, Covington, KY 41012 (859)581-7745  
Or Catholic Charities, 3629 Church Street, Latonia Ky 41015

### **Potential Service Project**

*Has your group been looking for a service project to complete the year? Here's your perfect opportunity. Be a leader and organize a Blanket Drive in your school, church, or neighborhood. Call friends and family ... Canvass with your group ... Collect new sleeping bags or blankets ... Deliver them to the Parish Kitchen by November 30th.*

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## Special Thank You to Master Provisions!

We had a major scare at Parish Kitchen recently when we were forced to defrost our freezer. We had a part go out within the motor which caused a condensation issue. It took several weeks to order the part and have it replaced, which created a large ice buildup under the motor. We were forced to thaw the freezer and weren't sure how to save the food in storage.



Master Provisions, a nonprofit in Florence, provided us with large storage bins, a refrigerated truck, and freezer storage space at their warehouse! Over the course of three days, we loaded all of our frozen food into their containers, loaded their truck, and sent it all to storage. Our freezer was able to thaw out, get thoroughly cleaned, restocked and organized. A blessing within a curse! Thank you to Master Provisions for your assistance in ensuring that we did not lose any food through this process!

If you stop by today, you will see a well-organized freezer with enough food to serve our guests, as well as space to fill!

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## Partner with us in Ministry!

Parish Kitchen has lost four part time staff members within the last year. We've been unable to find replacements and are looking for up to four people to partner with us in ministry! These people will be responsible for setting up the kitchen on weekends, assisting volunteers in serving the food, and cleaning up after the meal. The commitment is for one or two weekend days a month from 8am to 2pm. The job description and salary are posted on our website ([www.parishkitchen.org](http://www.parishkitchen.org) or [www.covingtoncharities.org](http://www.covingtoncharities.org)) as well as the Diocese of Covington's website ([www.covdio.org](http://www.covdio.org)). Please help spread the word! Our full time staff has been covering weekends.

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## *Save the Date!*

*What:* Charity Night at the Tables

*When:* Saturday, March 18, 2017



The Parish Kitchen has again been selected by the Yearlings as one of the agencies to benefit from their Charity Night at the Tables. Parish Kitchen has collected just over \$10,000 the past two years from this event, so we are really excited to be back in 2017! The agencies that sell the most tickets are automatically invited back, so your ticket purchase will help secure funding for 2017 and 2018! Purchase your tickets early and help Parish Kitchen have a chance for an extra \$500.00. [www.NKyCharityNight.org](http://www.NKyCharityNight.org)