

# Breaking Bread

A Newsletter of Parish Kitchen, a ministry of Catholic Charities

Fall 2015



***Celebrating Over 40 Years of Serving Those in Need!***

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## **Darryl "Pip" Humphrey 20 Years of Service!**

On March 3, 2015, Darryl "Pip" Humphrey celebrated his 20<sup>th</sup> anniversary as an employee of the Parish Kitchen. In reality, he has given 21 years of faithful service to us since Pip volunteered every day for a year before he was hired full-time as the Parish Kitchen Cook.

While Pip's primary role is to prepare and serve meals for the Kitchen, you will see him doing a myriad of other tasks including cleaning the kitchen and bathrooms daily, and maintaining all of the equipment. Pip also assists in controlling food costs by closely overseeing all food production.

"Things have really changed at the Parish Kitchen over the 21 years that I have been here," he said. "We were serving about 20,000 less meals per year than we are now. The addition on the back was not built yet, so there was no walk-in refrigerator or freezer and only one bathroom. There were neither windows nor air-conditioning. Also, no dishwasher, so we washed all the dishes and glasses by hand."

"Pip is such a faithful employee. The service to our guests never stops; he is always prepared for anything that happens and always has a back-up plan in place if we start to run out of food," says Dan Nolan, Director. "One day, we were expecting approximately 250 guests and had food prepared for that number. We ended up with 341 guests that day and amazingly, thanks to Pip, there was never a delay in service, and everyone received something to eat!"

Floor Manager Troy Garrard shared his thoughts on Pip's talents, "It's really nice knowing that Pip can handle any hiccup that comes. I've seen him prepare the daily meal and the meal for the following day simultaneously! He is so committed to our mission, and we're extremely blessed to have him here."

Congratulations to Pip on this great milestone, and thank you for all that you do for us!



Dignity

Affection

Attention

Hospitality

Respect

# Volunteer Spotlight

## Judy Kramer

I remember looking over at Judy Kramer this summer while she was pouring drinks and noticing that her eyes were filling up with tears. I asked her if something was wrong and she said that as she was watching her granddaughter, Grace, serve, she realized that four generations of her family have now served at the Parish Kitchen.

It all began with her mother, Turie and her sister, Nancy, getting involved after hearing a presentation about the Parish Kitchen at their parish. "I joined in a year or so after that and have been coming ever since," Judy said about her time here. That was over thirty years ago, and today she is still going strong! Judy is now joined by her daughters, Beth Adams and Susan Forbes, who both volunteer with her on Tuesdays.

Judy reflected with us, "I think you know how much I love the Parish Kitchen and the folks there. The staff, guests, and my fellow volunteers are all such a blessing in my life. I am thrilled that my girls and grandchildren



are happy to come as well. Someone needs to do the drinks when I am too old to do it!"

We are blessed to have Judy's compassionate spirit and energy every Tuesday. We pray the "Kramer" tradition at the Parish Kitchen will continue for another thirty years!

## Favorite Recipe

### "Eileen's Chicken"



- 1 ½ lbs. of shredded or diced chicken
- 10 ½ oz. Cream of Chicken soup
- 4 stalks of celery – finely chopped
- 1 – 3oz. can of diced green chilies
- 1 medium onion, finely chopped
- 1 ½ cups shredded cheddar cheese
- 1 small container of Durkee French Fried Onions

Combine all ingredients except the Durkee onions, and mix well. Spray a 9" x 13" glass casserole dish with PAM and spoon the mixture into the dish. Top with the Durkee onions. Bake at 350 degrees for 30 minutes.

## Special Thank You's!

A special thanks goes out to **Eagle Scout Jude Kiely**, his family, and fellow scouts who completed the construction of the metal shelving in our basement to protect and organize our goods. We went from wooden skids on the floor to multi-layers of shelving! This provided easy access for us to rotate our government food commodities and keep sleeping bags and blankets dry!



Thank you to **Woody Russell and Jennifer McErlane** from the **Walgreen's** store in Latonia who provided free flu shots to our guests on Tuesday, September 29th. More than fifty people participated in this program. This is the third year in a row that Walgreen's has provided this wonderful free service to us.



Parish Kitchen's new storage shelving

Many thanks to the **New Friends of Northern Kentucky** group who chose the Parish Kitchen as their "Agency of the Month". They collected \$571.00 for our ministry at their monthly luncheon.

## SEEK Retreats



Youth working on a service project at SEEK

There is a new program modeled after the former Insights Program at Catholic Charities. It is called SEEK (**S**erve others, **E**ducate ourselves, **E**vangelize about need and **K**eeep our brothers and sisters in prayer). The program is an all-day retreat for those students preparing for the sacrament of Confirmation to learn about the needs of low income families.

Through activities, students/adults investigate the problems of day-to-day living for low-income and homeless families. They explore community solutions by visiting local social service agencies like the Parish Kitchen and identifying ways to assist them. All students/adults plan and carry out a service project later in the year coordinated by their religion teacher or youth minister as a result of what they learned through their participation in the program.

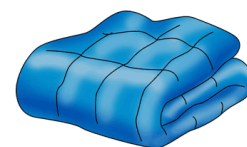
If schools are interested in participating, they can contact Karen Gutzeit via her e-mail: [kgutzeit@ihm-ky.org](mailto:kgutzeit@ihm-ky.org) or phone: (859)640-9018.

## Your Brothers and Sisters are in Need of Sleeping Bags and Blankets!

The beauty of the autumn is quickly giving way to winter's long chill. Once again, the Parish Kitchen is in need of new sleeping bags and blankets for our guests. Seize this opportunity! Help out by donating new sleeping bags and blankets to be given as Christmas gifts to our hundreds of guests. Many of our brothers and sisters spend these long winter nights in unheated spaces or even sleeping outdoors. This winter, your simple gifts of new sleeping bags and blankets will not only warm their hearts and souls, but may even save their lives. Thanks for you warm support for those in need!



We're collecting  
**NEW** twin-size **blankets** and **NEW** sleeping bags  
to be given as Christmas gifts to our guests.  
The Parish Kitchen will gladly receive your donations  
anytime between now and November 30th.



Parish Kitchen, 143 Pike Street, Covington, KY 41012 (859)581-7745

### Potential Service Project

Has your group been looking for a service project to complete the year? Here's your perfect opportunity. Be a leader and organize a Blanket Drive in your school, church, or neighborhood. Call friends and family ... Canvass with your group ... Collect new sleeping bags or blankets ... Deliver them to the Parish Kitchen by November 30th.

Respect

Hospitality

Attention

Affection

Dignity



*P.O. Box 1234  
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## **SAVE THE DATE!**

**Charity Night at the Tables  
March 19, 2016  
Turfway Park**



Once again, the Parish Kitchen has the honor of being selected by the Yearlings as one of the agencies to benefit from their Charity Night at the Tables. The event will take place on Saturday, March 19, 2016 at Turfway Park. Please mark your calendar and plan on joining us for a joyous evening of games, food, raffles, and entertainment! Tickets will be available soon so check out [www.covingtoncharities.org](http://www.covingtoncharities.org) in November for more information.

